

GESTALT THERAPY NOW

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Gestalt Therapy Now: Theory, Techniques, Applications by Joen Fagan

Bibliography: p. Tapes and films: p.

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In Gestalt therapy, the individual is always considered in the context of past and present field conditions or environments. Enlarge cover.

This approach tended to enhance the shame of shame-oriented patients. A key goal in Gestalt therapy is to allow clients the opportunity to own and accept their experiences. Facts of which the therapist is aware and the patient is not are shared, especially if the information is unlikely to be spontaneously discovered in the phenomenological work during the Gestalt Therapy Now, yet is believed to be important to the patient.

Open to the public; RCLack of genuine integration creates splits, such as bod with confidence!. The therapist explores rather than gratifies the patient's wishes -- and this is frustrating for the patient.